

## Low Intensity Group Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8AM Meditation</b>				
	9AM-10:30AM Low Intensity <i>Recovery Skills</i>	9AM-10:30AM Low Intensity <i>RPG</i>	9AM-10:30AM Low Intensity <i>Life Skills</i>	
<b>12 Noon- Lunch</b>				
<b>4:45PM-6PM Supper</b>				
6PM-7:30PM Low Intensity <i>Group Counseling</i>	6PM-7:30PM Low Intensity <i>Recovery Skills</i>	6PM-7:30PM Low Intensity <i>Relapse Prevention Group</i>	6PM-7:30PM Low Intensity <i>Life Skills</i>	

**Note:**

Low Intensity Clients are required to participate in 5 hours of programming each week. Clients should attend three groups and sign up for a one-hour individual session with their assigned counselor once weekly.

Meditation may be waived for clients off campus for work at that time.